

Free Yourself from Financial Stress with Intention Tapping (IEP)

Presented by Steve Wells

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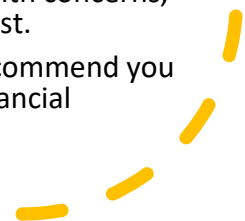
This webinar is for general educational purposes and is not intended as financial advice or medical advice.

Although Intention Tapping includes evidence-based components, the overall approach should still be considered experimental, with no guaranteed results for any user.

You must therefore agree to take full responsibility for your own mental and physical health and any use of the techniques, as well as for your own financial decisions.

If you have any physical or mental health concerns, you should consult a doctor or therapist.

If you are financially struggling, we recommend you seek help from a free independent financial counselling service.



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Objectives of the webinar

Show you the basics of Intention Tapping and how to use it to:

Free yourself from financial stress and anxiety;

Release false and limiting financial beliefs that have been keeping you stuck;

Access your inner resources and find your own path to true prosperity.



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Money is an emotional issue

70% or more of people rate financial stress as their highest stressor.

Money is a leading cause of conflict in relationships: 30% to 40% of couples report money as a primary source of disagreement.

Most of our money decisions are made emotionally.

The financial markets are driven by fear and greed.



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Financial stress levels are higher worldwide

Financial stress levels have more than doubled in many regions since 2022

Global energy shocks related to the Iran war have led to increased financial stress due to increased costs of fuel, electricity, transport, and overall, a higher cost of living.

The risk of things getting worse triggers more anxiety: Inflation; interest rate rises; a possible global recession; food insecurity; ongoing conflict...



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What does this cause you?

What is your biggest challenge with money and finances?

What is your greatest *source* of financial stress?

What do you find most challenging about that?



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The Solution?

Release your financial stress and anxiety
Free yourself from false and limiting money beliefs
Transform then transcend your limiting money story

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Our Main Tool: Intention-based Energy Process (IEP) ou Intention Tapping

IEP uses specific intentions/commands directed to the unconscious mind to:

Release emotional attachments to negative beliefs, past suffering, and unhealthy patterns

Restore the flow of energy, bringing emotional balance and clarity

Reconnect with one's inner resources



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Intention Tapping™

Two components:

- 1) The tapping: Simple Energy Techniques (SET)
- 2) The Intentions: Intention-based Energy Process (IEP)

These can be used separately or together.

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Type of tapping used in IEP

SET (Simple Energy Techniques) was developed by Dr. David Lake and Steve Wells.

SET is a simplified form of EFT (Emotional Freedom Techniques). SET is gentle, user-friendly, effective, and has produced similar clinical results.

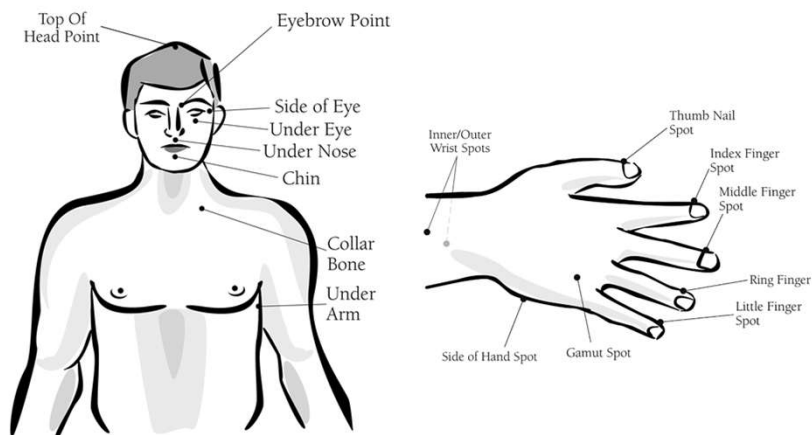
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Dr David Lake Co-creator of SET



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Tapping Points



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The Basics of SET Tapping

Tap gently, in any order, on either side of the body.

Focus on what you are aware of: thoughts, feelings, bodily sensations, etc.

Tap directly (by focusing) or indirectly (by simply tapping).

Conscious acceptance: observe, accept, allow, follow.

Generally, the more you tap, the better the results.

Tap daily to "tone your energy."



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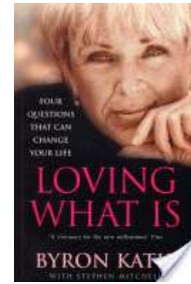
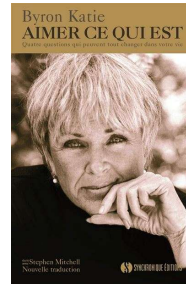
Start Tapping !!

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My Intention Insight

« A thought is harmless unless we believe it. It is not our thoughts but the attachment to our thoughts that causes suffering. »

- Byron Katie, Loving What Is



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Intention-based Energy Process (IEP): Core Intention Statements

- I release all emotional attachments to (problem, event, image, belief, thought)
- I restore the right energy flow to (area of the body, feeling, emotion)

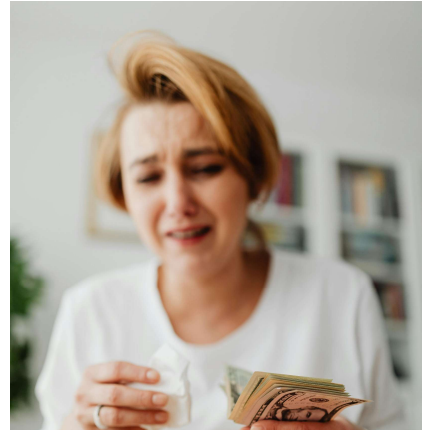


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Money and Happiness / Misery

Money doesn't always lead to happiness, but the LACK of money often leads to misery.

"Annual income twenty pounds, annual expenditure nineteen [pounds] nineteen [shillings] and six [pence], result happiness. Annual income twenty pounds, annual expenditure twenty pounds ought (zero) and six [pence], result misery." - Charles Dickens



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The solution to financial stress?

The answer is usually NOT more money.

As long as you are stuck in negative thinking and emotional patterns, you will remain stressed.

Limiting money perspectives and stuck negative feelings keep you locked in unhealthy financial habits and behaviours.

The solution is to change your inner world when it comes to money so you can successfully make outer world changes.

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To master money, master your money emotions

Release your emotional attachments to money, finances, financial decisions and money management

Restore any stuck energy and disturbed emotions linked to money and finances back to flow and balance

This leads to:

calm, clarity, and inner peace

freeing your energy and thinking to open to new possibilities

accessing your inner resources and energy for positive change



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Old Money Programs and Your Money Story

What did your mom and dad teach you about money?

What is your earliest money-related memory and your most painful money memories?

How much of this is this still influencing you today?

What positive and negative beliefs do you have about money, finances, riches and wealth, and rich or wealthy people?



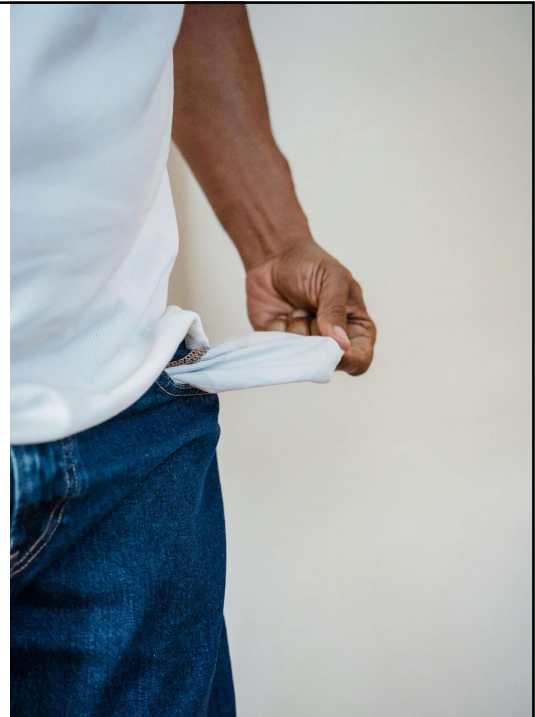
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Never Enough

Negative belief: I do not have enough money

The consumer world is constantly trying to install this belief and keep you hooked by it.

Underlying belief: I am not enough
I don't have enough love



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Transcend your old money story

Release your emotional attachments to negative beliefs and your old money story
Restore energy flow to all stuck negative emotions related to your old money story

So that you can:

- Be free from emotional hooks to money and finances and transcend your old story
- Become free to use money rather than being used, manipulated, or controlled by it
- No longer be hooked or driven to run your life by other people's values
- Align with your true values, so you can use money wisely
- Live free and access your true wealth

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From Financial Stress to Peace of Mind

Transform your limiting “money story” and discover new freedom

4-part group coaching with Intention Tapping

Fridays July 17, 24, 31 + August 7 (Thursdays in US/Canada)

Two groups: 9am or 4pm Perth time

Free yourself from financial anxiety and access your inner resources, freedom, peace, and contentment;

Overcome false and limiting money beliefs that have held you back;

Access your inner resources to take control of your finances & wealth.



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From Financial Stress to Freedom and Peace of Mind with Intention Tapping

The standard price is \$299 (Aussie dollars).

Sign up now and get it for a price you choose.*

* You pay a maximum of \$199, we ask for a minimum of \$29 to cover our essential costs.

You also have access to the recordings for both groups!

intentiontapping.com/financial-stress-freedom-with-iep/



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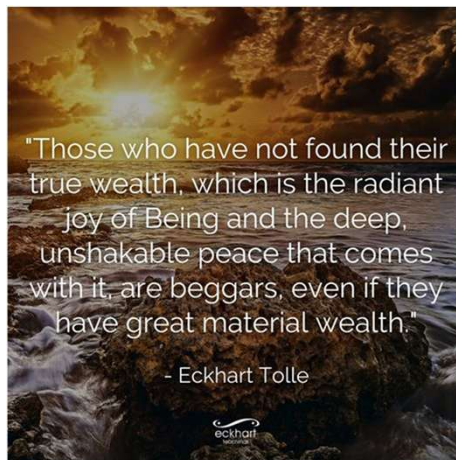


More information on Intention Tapping

- www.intentiontapping.com
- YouTube: [wellsdownunder](https://www.youtube.com/channel/UCwellsdownunder)

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Life Energy is Wealth



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